

Business Coaching

Introduction

Business and corporate coaching is designed to help facilitate change, centred around having clear objectives and achievable focussed goals. Each organisation and individual has different styles of management and career progression meaning 'one size does not fit all' and at Clear Coach we ensure that we learn about you and your business and tailor the programmes to suit you.

One of the most exciting and satisfying things about being a business owner is that you can make all your own decisions. One of the most daunting and demanding things about being a business owner is that you have to make all your own decisions. Far too often we find ourselves involved in the nitty-gritty of running the business and sometimes just surviving in this tough economic climate. You don't have time to lift your head up and look at the bigger picture.

Sometimes the boundaries between your work life and your personal life become blurred and the idea of a work-life-balance seems like a distant memory. The goals you set when you started your business might no longer feel appropriate or the vision you had may have been achieved long ago and now you are in new territory. You may even be wondering how you are going to walk away from your business with the reward and recognition that you deserve. When you look around your business you acknowledge that in order to achieve your vision and goals you have to inspire and motivate your team.

Clear Coach specialise in helping business owners to lift up their heads to see the bigger picture and sense their direction. Our coaching programmes will help you to raise your awareness of what is actually happening around you. We will also help you to identify and apply your strengths and resources to achieve the outcome you want. Clear Coach will tailor your coaching programme to you.

The Process

After initial contact with Clear Coach the next step is a meeting between you and the coach. There is no charge for this meeting and it serves two main purposes. The first purpose is to allow you and the coach to meet each other and to assess your mutual compatibility. The second purpose is to start to define the outcomes of a coaching programme. After this meeting the coach will prepare a proposal which will include:

- The desired outcomes.
- The length of the programme.
- The cost of the programme.
- Terms and conditions.

When agreement to run a coaching programme is reached a date and time is set for the first session and you are sent a preparatory questionnaire. The coaching venue can be at your or Clear Coach's premises.

